



158 Western Avenue, Brattleboro, VT 05301

RETURN SERVICE REQUESTED



HOLTON HOME • BRADLEY HOUSE

N•E•W•S•L•E•T•T•E•R

158 Western Avenue, Brattleboro, Vermont 05301 • (802) 254-4155 • e-mail: info@holtonhome.org • www.holtonhome.org
 65 Harris Avenue, Brattleboro, Vermont 05301 • (802) 254-5524 • email: info@BradleyHouseVT.org • www.bradleyhousevt.org

Bradley House



Greetings and a cheery 'hello!' from the new Activities Director, Leigh Niland, at The Bradley House!

August has been a fun, and downright warm, introduction where I have enjoyed attending the calendar of events that our dear, retired Activities Director, Tim Cavanaugh scheduled prior to his exit. It has been great getting to know each of our residents here at The Bradley House and to meet you at Holton Home as I shadowed Ellenka. The programming of arts, music, spirituality, exercise, games and excursions that we have on tap are meant to inspire, surprise and delight you. It is amazing to see and hear the lineup of gifted artists and musicians that come in to share their talents with us and enable each of us to do and create.



In September, please mark your calendars as we will be adding "Muscles in Motion 9/5)" and "Line Dancing Intro (9/19)" on Wednesdays at 1:30 pm with Pam. Pam has been leading musical and fun exercise sessions in both Keene and The Villages, Florida. Her specialties are Zumba Gold, Line dance, Tap dance and fitness for seniors.

Do you have an idea for something you'd like to do or try? Is there somewhere you'd like to visit? Apple pies you'd like pick for, make and bake? Together, let's make every day a good day.

Leigh Niland, Activities Director for Bradley House

Staff

Bradley House

- Debra Abel, *Site Director*
- Carol Bengston, *LNA*
- Heather Corey, *Senior LNA*
- Leslie DeLisle, *LNA*
- Catheryn Dix, *RA, Housekeeper*
- Steve Foresteire, *Chef Manager*
- Kimona Hall, *LNA, Per Diem*
- Warren Kimberly, *Cook*
- Ed Kowalski, *Maintenance Director*
- Michelle Lucy, *LPN*
- Autumn MacAuliffe, *RA, Per Diem*
- Leigh Niland, *Activities Director*
- Eileen Ogden, *RN, RCA*
- Darlene Perkins, *LNA*
- Kellie Poplawski, *RA*
- Darrell Slayton, *RA*
- Mauricia Villines, *LNA*

Holton Home

- Félicité Adjoua, *RA, Per Diem*
- Alicia Bebey, *LNA*
- Susie Belleci, *Activities, Per Diem*
- Nancy Bonneau, *LNA*
- Pam Boyd, *Cook*
- Chris Clark, *Maintenance Director*
- Carie-Ann Davis, *Housekeeper*
- Julie Emery, *RA, Per Diem*
- Morgan Gero, *LNA, Per Diem*
- Amy Hall, *RA, Per Diem*
- Kimona Hall, *LNA, Per Diem*
- Imelda Haloho, *LNA*
- Jennifer Kelliher, *RN, RCA*
- Ruth Kibby, *LNA, Per Diem*
- Carol Killay, *RA*
- Lynn Miner, *LNA*
- Shirley Morrill, *Housekeeper*
- Kelly Morse, *RA*
- Wendy Parent, *LNA*
- Karen Penson, *LNA*
- Carly Reitsma, *Gardener*
- Kree Rinfret, *Executive Assistant*
- Chelsea Saber, *RA Per Diem*
- Emma Sheldon, *Site Director*
- Ellenka Wasung-Lott, *Activities Director*
- Brionna Williams, *RA*

Board of Directors

- Jill Brehm, *Visiting Committee*
- Cathy Coonan
- Vern Grubinger
- Prudence MacKinney
- Lee Madden, *Treasurer*
- Kris McDermet, *Secretary*
- Cathy Osman
- Andy Reichsman, *Vice President*
- Linda Rice, *APRN*
- JoAnne Rogers
- Ted Vogt, *President*
- Andrew Walker



September Birthdays

- Holton Home
 - Marie on the 11th
 - Cindy on the 19th
- Bradley House
 - Elwood on the 30th



Starting April of this year, new Medicare cards are being sent out! If your resident at Holton Home or Bradley House has received one, please bring in the new card, or a copy of the card (front and back), for our records.

Thank you!

Around the Halls of Holton Home

We are lucky enough to have a house filled with talented folks who share their gifts and brighten everyone's day. One such lady, Kay Bogart, is beyond compare and comes up with the most magical poems that capture the quintessence of what they describe. We are sure you will enjoy!

Ellenka Wasung-Lott, Activities Director for Holton Home

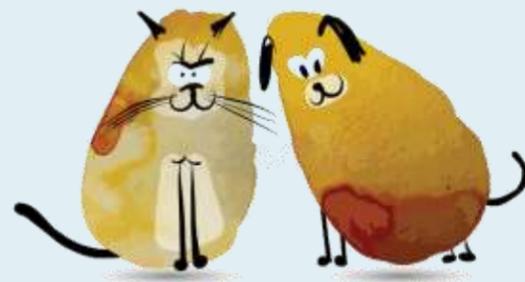
The name I can't remember
 The place I know not where
 I was prepared for arthritic
 Arms and legs,
 But not for a brain
 Turned into scrambled eggs/
 Some people think it's funny
 They began to call you "honey"
 But I will shout, rant and rave—
 "Old age is only for the brave."



And now, for a cautionary tale:
 Humpty Dumpty sat on a wall
 Humpty Dumpty had a great fall,
 And all the good doctors
 In his Medicare plan
 Could not put Humpty together again.

Perfect Harmony

I want to live alone
 I want to live all by myself,
 Just me, and my little fat dog.
 We would be so happy together;
 He, with his little bowl of kibble
 And me with my perfectly
 Cooked lamb chop.
 We might allow a cat or two
 But no humans would be welcome
 Just me, my little fat dog
 And a cat or two.



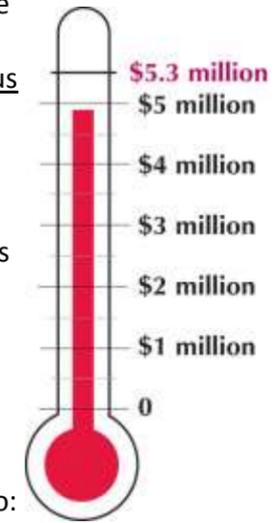
Can't see
 Can't pee
 Can't hear
 Can't walk
 But I can still talk,
 And I want to say,
 "Old age is hard!"

Join the Bradley House Revival!

The thermometer tells the story – **We are close to our goal.**
 The grant-makers and public funders have done their part.

Now we look to our community to bring us home.

Bradley House and Holton Home are important parts of our community's social fabric. Many of our older neighbors and loved ones need the caring expertise we offer if they want to stay close to family and friends. Our commitment to you is that **we will be here.** We ask you to help make that happen.



Please make out your check and send it to:
 Bradley House Revival
 65 Harris Ave
 Brattleboro, VT 05301

If you've already given, but the spirit moves you, please give again.

There are very few options for our elders that are as warm and family-like as Bradley House and Holton Home. Do your part to be sure that your locally-controlled, not-for-profit elder care homes are here for generations to come!

Your generosity is so appreciated. **Let's make our goal!**



We had a great time at our Friends & Family BBQ!



Please Remember...

- To sign in at the front desk
- To park in our parking lot if you are visiting a resident, even if it's for a short visit. It's okay to pick someone up and drop them off under the portico, however we need to keep that area as clear as we can for emergency vehicles.

Thank you!