

HOLTON HOME • BRADLEY HOUSE

N•E•W•S•L•E•T•T•E•R

158 Western Avenue, Brattleboro, Vermont 05301 • (802) 254-4155 • e-mail: info@holtonhome.org • www.holtonhome.org
65 Harris Avenue, Brattleboro, Vermont 05301 • (802) 254-5524 • email: info@BradleyHouseVT.org • www.bradleyhousevt.org

OUTSIDE THE HALLS OF HOLTON HOME

One fine summer afternoon we ventured down the road to the home of Lynn Miner, one of our wonderful LNAs. Lynn has a lovely pool and had invited us down for a swim. Two residents sat in the shade of the big old trees, their leaves blowing in the gentle breeze, and enjoyed watching everyone else frolicking in the blue, blue water.

It was very clear that some of our residents swam a lot before joining us here at Holton Home, as there were smiles upon smiles and joy radiating from their faces. "This is heaven!" One lady said and they came out once they had "wrinkles upon their wrinkles!"

Ellenka Wasung-Lott
Activities Director, Holton Home



Thank you Lynn for hosting such a magical afternoon!

Staff

Bradley House

Debra Abel, *Site Director*
Carol Bengston, *LNA*
Heather Corey, *Senior LNA*
Leslie DeLisle, *LNA*
Cathryn Dix, *RA, Housekeeper*
Steve Foresteire, *Chef Manager*
Kimona Hall, *LNA, Per Diem*
Warren Kimberly, *Cook*
Ed Kowalski, *Maintenance Director*
Michelle Lucy, *LPN*
Autumn MacAuliffe, *RA, Per Diem*
Eileen Ogden, *RN, RCA*
Darlene Perkins, *LNA*
Kellie Poplawski, *RA*
Darrell Slayton, *RA*
Mauricia Villines, *LNA*

Holton Home

Félicité Adjoua, *RA, Per Diem*
Morgan Aldrich, *LNA, Per Diem*
Alicia Bebey, *LNA*
Susie Belleci, *Activities, Per Diem*
Nancy Bonneau, *LNA*
Pam Boyd, *Cook*
Chris Clark, *Maintenance Director*
Carie-Ann Davis, *Housekeeper*
Kurt Desrosiers, *Chef Manager*
Julie Emery, *RA, Per Diem*
Amy Hall, *RA, Per Diem*
Kimona Hall, *LNA, Per Diem*
Imelda Haloho, *LNA*
Ruth Kibby, *LNA, Per Diem*
Carol Killay, *RA*
Lynn Miner, *LNA*
Shirley Morrill, *Housekeeper*
Kelly Morse, *RA*
Wendy Parent, *LNA*
Karen Penson, *LNA*
Terry Reinertson, *RN, RCA*
Carly Reitsma, *Gardener*
Kree Rinfret, *Executive Assistant*
Chelsea Saber, *RA Per Diem*
Emma Sheldon, *Site Director*
Ellenka Wasung-Lott, *Activities Director*
Brionna Williams, *RA*

Board of Directors

Jill Brehm, *Visiting Committee*
Cathy Coonan
Vern Grubinger
Prudence MacKinney
Lee Madden, *Treasurer*
Kris McDermet, *Secretary*
Cathy Osman
Andy Reichsman, *Vice President*
Linda Rice, *APRN*
JoAnne Rogers
Ted Vogt, *President*
Andrew Walker

August Birthdays

There are no Holton Home or Bradley House resident birthdays for August.



August



Just look at our garden grow!

Brattleboro Caregiver Support Groups

Presented by: Alzheimer's Association, Vermont Chapter

The Gathering Place
30 Terrace Street, Brattleboro, VT 05301
Meetings held on the first Thursday of each month, 3:00-4:30PM

Facilitated by:
Sharon Snider, RN and Jane Smith
For questions or to confirm details please call: 802.254.6559

Centre Congregational Church
193 Main Street, Brattleboro, VT 05301
Meetings held on the third Thursday of each month, 5:30-7:00PM

Facilitated by:
Patty Dunn and Evangelina Holvino
For questions or to confirm details please contact Patty: 802.257.0775 x 102 or patty.dunn@brattleborohospice.org

Free to attend. Registration not required

To extend your network of support, call our 24/7 Helpline: 800.272.3900 or visit ALZConnected®.

24/7 Helpline: 800.272.3900 | alz.org®

Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on care-giving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

A wonderful poem from one of our wonderful residents!

COMING TO HOLTON HOME

The years went by, how fast they flew
Doing things we always do.
Until one day I could not see,
The phone book print in front of me.
I did not know that first decline,
Would get far worse at 89.
My aches and pains had taken hold,
Whatever made me get this old?
The Bible says "there is a season,"
"For all things to have a reason."
The life I knew was going past
God only knows how long I'll last.
What should I do? Where should I go?
My brain confused was very slow.
My family's love was strong and blessed
They have support in all my stress.
I had to leave and walk away,
From house and car and every day.
So here I am near 94,
A new address upon my door.
I'm slow and shuffle in my walk,
My ears don't always hear the talk.
To dress and bath, to write and read,
Run second choice to how I breathe.
A quiet place in all around,
I find my chair and just sit down.
The birds and Peter in his cage,
All give attention to my age,
Pumpkin the cat just strolls around,
Happy with the home he's found.
The garden blooms with flowers fair,

The fragrance fills the country air.
I've made good friends, I like them all,
They're not too far, just down the hall.
They staff is kind and caring, too,
Both night and day they see us through,
The Holton Home has come to be,
My second home and family.
I thank the folks who volunteer,
I thank those who work all year.
It's nice to know when age comes due,
There is a home to comfort you,
I thank you friends for all your time,
It's prompted me to write this rhyme.
I'll stay until my time is done,
Thank you thank you everyone.

Ellie Tortolani
Resident of Holton Home

August Fun Fact

LAMMAS DAY

This observance, traditionally observed on August 1, marked the beginning of the harvest, and especially celebrated the first wheat crop, or that of corn. It derives from the ancient English festival the Gule of August, a pagan dedication of the first fruits that the early English church later converted to Christian usage. On Lammas Day, loaves of bread were baked from the first-ripened grain and brought to the churches to be consecrated. The word "lammas" comes from the Old English hlaf, "loaf," and maesse, "mass" or "feast." Through the centuries, "loaf-mass" became corrupted in spelling and pronunciation to Lammas.

To the Celts, this was Lughnasaid, the feast of the wedding of the Sun god and the Earth goddess, and also a harvest festival. In Ireland, baskets of blueberries are still offered to a sweetheart in commemoration of the original fertility festival. In Scotland, the Lammastide fairs became famous for trial marriages that could be ended without question after a year. Much lore is associated with this day, including this proverb: After Lammas Day, corn ripens as much by night as by day.

Courtesy of The Old Farmer's Almanac

Holton Home
◆
In memory
of
Bernie Luskin

