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Brattleboro VT

October 2017

# HOLTON HOME • BRADLEY HOUSE

## N•E•W•S•L•E•T•T•E•R

158 Western Avenue, Brattleboro, Vermont 05301 • (802) 254-4155 • e-mail: info@holtonhome.org • www.holtonhome.org  
65 Harris Avenue, Brattleboro, Vermont 05301 • (802) 254-5524 • email: info@BradleyHouseVT.org • www.bradleyhousevt.org

### Kelly Morse is Holton Home's

### Tim Cavanaugh is Bradley House's



#### What does she love most about her job?

"I love coming to work. It's my second family!"

#### Things our residents say about Kelly:

- She can do just about everything
- Always there to answer your needs
- She has helped me more than I can measure and goes beyond necessity
- She is absolutely a doll
- You can really count on her and she is always there for you
- She will always make you smile
- Very accommodating
- She is just so warm and huggable
- She really makes you feel that she truly cares
- We wish that she worked 7 days a week

#### What he loves about his job the most:

"Doing group activities with the residents and just being with them"

#### Things our residents love about Tim:

- One of the best people in this place
- Excellent teacher and wonderful host
- Outstanding for this job!
- Such a good sense of what everybody needs
- Super Duper!
- A real nice gentleman with a lot of heart!
- Infallible energy
- Multifaceted and has many talents organizationally, socially, technically
- Caring, seems to understand where we are
- Willing to get additional things, especially if we do not feel like going shopping!

## Staff

### Bradley House

Cindy Jerome, *Executive Director*

### Holton Home

Debra Abel, *Site Director*  
 Carol Bengston, *LNA*  
 Tim Cavanaugh, *Activities Director*  
 Karen Coger, *LNA*  
 Marlaina Collins, *RA*  
 Heather Corey, *Senior LNA*  
 Heather Cutler, *LNA*  
 Catheryn Dix, *RA, Housekeeper*  
 Steve Foresteire, *Chef Manager*  
 Jean Gilbeau, *RA*  
 Lisa Holabird, *RN, RCA*  
 Tammy Kemp, *LNA*  
 Warren Kimberly, *Cook*  
 Ed Kowalski, *Maintenance Director*  
 Michelle Lucy, *LPN*  
 Darlene Perkins, *LNA*  
 Stephanie Pike, *RA*  
 Rae Ann Pinault, *Executive Assistant*  
 Kellie Poplawski, *RA*  
 Terran Sadowski, *LNA*  
 Elizah Temple, *RN*  
 Jessica Wenig, *RA*  
 Melissa Wood, *RA*



## Board of Directors

Jill Brehm, *Visiting Committee*  
 Cathy Coonan  
 Vern Grubinger  
 Allan Hansell  
 Prudence MacKinney  
 Lee Madden, *Treasurer*  
 Kris McDermet, *Secretary*  
 Joe Meyer  
 Cathy Osman  
 Andy Reichsman, *Vice President*  
 Linda Rice, *APRN, President*  
 JoAnne Rogers  
 Ted Vogt  
 Andrew Walker

### Birthdays

Holton Home residents celebrating birthdays in October include:

◆ Nancy on the 29<sup>th</sup>

Bradley House residents celebrating birthdays in October include:

◆ Vince on the 6<sup>th</sup>

◆ Wayne on the 19<sup>th</sup>

◆ David on the 20<sup>th</sup>



The new rooms at Bradley House will be ready in **November!** If you might be interested, contact Cindy Jerome at 254-5524, ext 6 or [Cindy@BradleyHouseVT.org](mailto:Cindy@BradleyHouseVT.org).

Many of these rooms have a beautiful view of Mt. Wantastiquet and, when the leaves fall, sweeping vistas of the Connecticut River. All have accessible, private bathrooms.

### Do You Work in Healthcare?

Brattleboro Area Hospice is presenting a wonderful 3-part series called A Sense of an Ending. It is free for healthcare workers!

Led by author Deborah Luskin, this reading-and -discussion series will be held every other Monday evening, October 16 and 30 and Nov. 13, 5:30 – 8:00 pm at Brattleboro Memorial Hospital. A light dinner is provided.

“What makes life worth living?” Participants will look at how they and their place of employment address end of life, caregiving and grief. Call 257-0775, ext 105 for more information and to register.

### Resident Profile

The decision to move into Bradley House came quickly for Janet Cleveland. Her Aunt Flossie (Florence Shute), whom she was very fond of, lived here in the early 1990’s when it was still called Hilltop House. Janet has happy memories of coming here to visit Flossie and it just seemed like a natural decision when it came time to decide where she should live.



A life-long resident of Brattleboro, Janet grew up on E.R. White’s farm, up on Guilford St, where her father worked. She describes her childhood years as “a lot of fun.” Janet loves to travel and maybe she developed that passion during her childhood when she and her sister Nelda would travel to New Jersey, by train, to visit her mother’s family. This gave her an opportunity to see different parts of the country and a different way of life.

Janet met her husband William when he was a soldier returning from serving in World War II. They had three children: Bonnie, Linda and Brian. Brian took after his father and as a young man he went into the military and was stationed in Germany. This gave Janet a chance to travel overseas to visit him while he was there. She also has 6 grandchildren.

When William died, Janet’s good friend Shirley Squires (who is known to many of us at Bradley House and Holton Home) called and asked her “How would you like to go on a bus tour of London and Paris?” The answer was “Yes!” She and Shirley have made several other trips together, including Ireland.

Janet is a very social person and says, “I love it here!” She always tries to find the humor in life and has a ready smile and laugh. Janet looks forward to getting to know everyone and, as the song says, “getting to know all about you.”



### Beyond the Halls of Holton Home

On September 20<sup>th</sup>, the Holton Home Van once again ventured to the ocean. Holton Home has been taking trips to the ocean for years. The first trip was the idea of Bob, a long-time resident. He loved the ocean and thought that others might enjoy a trip too.

We headed down to Salem, MA, where another resident had lived for years and raised her children in an old historic house on a narrow street. We went to the ocean, got sand in between our toes and relaxed to the sounds of waves. We took the trolley around town and had a lovely late lunch, Bob got his lobster, we got pictures, memories and the inspiration for many trips. Through the years, both overnight and day trips have given us all great pleasure.

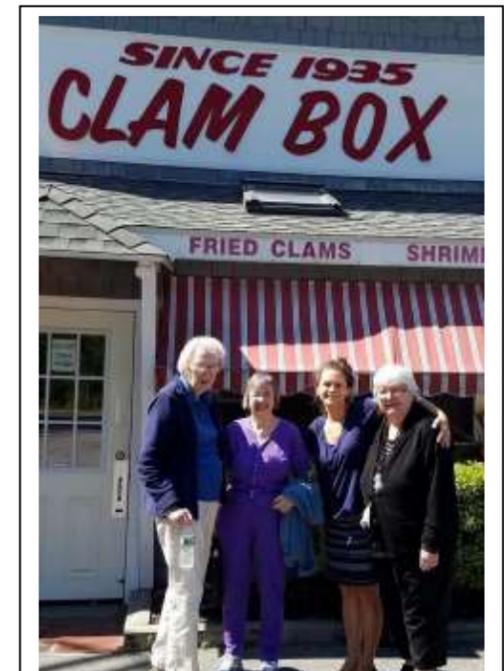
This trip was the second one to Crane Beach and we knew just what to do for a lovely relaxing day. Departing Holton Home at 9am we weave through the back roads of New Hampshire to Route 2. We have lunch near the ocean. This year it was at the Clam Box, where one of our residents used to go with her mother! Crane Beach is a short beautiful drive and rides down to the water are provided, if need be. There we sit, we walk, we gather shells and let the water wash away any tension.

From there we take a quick jaunt up to the beautiful castle, which transports you to another time and place. Down River Ice Cream alone is worth the drive from Brattleboro. I had peach for the second year in a row and it was divine. We eat our ice cream as we meander along the Essex Coastal Scenic Byway, windows open, smelling the salt air. Our final stop is for a seafood dinner with a view and then we head home with the sunset.

We all know how lucky we are!  
*Ellenka Wasung-Lott, Activities Director*



Mary and Karuna getting their toes in the water



Mary, Joy, Ellenka and Karuna



Pam Boyd with her homemade baked beans at the annual Holton Home Family and Friends BBQ.

Save the Date!

# HOLTON HOME'S

## 125<sup>th</sup> BIRTHDAY GALA

### CELEBRATION!

Saturday, November 18, 2017  
at the  
Brattleboro Museum & Arts Center

Tickets available at [www.HoltonHome.org](http://www.HoltonHome.org)

# HOLTON HOME'S

## 4<sup>TH</sup> ANNUAL

### HALLOWEEN COSTUME CONTEST

#### IS COMING UP!

TUESDAY, OCTOBER 31<sup>ST</sup> AT 2:30 PM